



## THINGS TO DO AT THE LODGE IN WINTER

**The Spa** - After an active day on the slopes, why not relax your muscles and unwind with a treatment in the Spa in the capable hands of Kathryn, our resident beauty therapist? Treatments are not included in the normal rates and are priced in Swiss Francs. A price list can be found in the spa. You can book an appointment by talking to Kathryn or our Reservations Team.

**Gym** - Need a little more stamina? Visit the gym and workout on the treadmill, bike, cross-trainer and free weights station and afterwards relax those muscles on the stretching mats. We've even got a plasma screen TV, DVD player and music system to keep you entertained.

**Indoor pool and Jacuzzi** - Relax those aching muscles in the 12-person outdoor Jacuzzi with a glass of bubbles after a day out – it's heaven! Or just refresh yourself with a dip in our 9m heated indoor pool or indoor Jacuzzi if it's snowing too hard outside.

**Steam room** - If you want to relax at the end of the day you can let off some steam in our steam room. It's also a great way to purify your skin.

**Dining/lounge areas** - There's no better way to enjoy a meal than to gather around our large dining table for some good food and good company. After dinner you can toast a few marshmallows on the log fire or sink into large comfy sofas with a nice cup of hot chocolate before bed... or even something stronger if you like!

**Ice rink** - If you think your child could be a candidate to join the stars in 'Dancing on Ice', why don't you send them for a twirl on our ice-rink?

**Party area** - It's certainly time to let your hair down in the party room! You can shoot some pool or dance the night away to thumping tunes all underneath a twinkling disco ball. If you want to take it easy we can pop on a film for you and your friends or family and enjoy a few drinks from the bar.

**Nothing!** – Take some time to relax and read a book, or catch up on some sleep after a busy few weeks at work. The place is all yours, so it can be as relaxing, or action packed as you like!

**Evenings out in Verbier** - Verbier town boasts all sorts of restaurants – over 40 at last count – ranging from the simple to the stylish. We will arrange table reservations for you, including restaurants up on the mountain. For the ultimate thrill you can even sledge back to The Lodge after dinner! As tastes and menus change constantly, ask us for our recommendations. Restaurants on the mountain are generally self-service and geared up for serious skiers during the day, but some are open for evening bookings. There are also several late opening nightclubs. Ask us for the pick of the week, and we can make table reservations for and your party.